



Family Fun Activities

God Loves Your Nose

Young children delight in feeling unique and loved. In *God Loves Your Nose* readers are reminded just how special they are from nose to toes.

Book Extension Activities

1. Sniff and Match

A wonderful way to help children appreciate the many different parts of their bodies is by highlighting their senses. This activity utilizes a fun and challenging game to help focus on the sense of smell. Fill left over film canisters, or other small, non-transparent containers with cotton balls dipped in different extracts (vanilla, lemon, peppermint) or with dry spices and herbs (cinnamon, basil, cloves). Create two containers of each scent, up to ten scents total. Challenge children to match the containers according to smell. At the conclusion of the activity, say a short prayer thanking God for our noses and the important work that they do.

2. Texture Collage

Cut small pieces of items that vary in texture (sand paper, fabric, tin foil, cotton, vinyl etc.). Allow children to choose piece to glue onto a piece of cardboard creating their own texture collage. Invite them to describe their collection as they work using descriptive language such as bumpy, smooth, rough, soft and hard. Record the words that they use. Reflect on the sense of touch that allows them to tell the difference in the materials. Say a prayer of thanks for our sense of touch.

3. Taste Party

Children learn by doing and this is an experience that they won't forget. Pre-cut small bite-sized pieces of foods with distinctive flavors (pickles, saltines, oranges, chocolate). Encourage children to sample the food and to describe it using words such as sweet, salty, bitter or sour. Remind children that everyone has different tastes because God made each of us to be unique.

