

# Activity 1

## Meet BOZ and the Baxters

**BOZ and his friends**

**Say hello to you.**

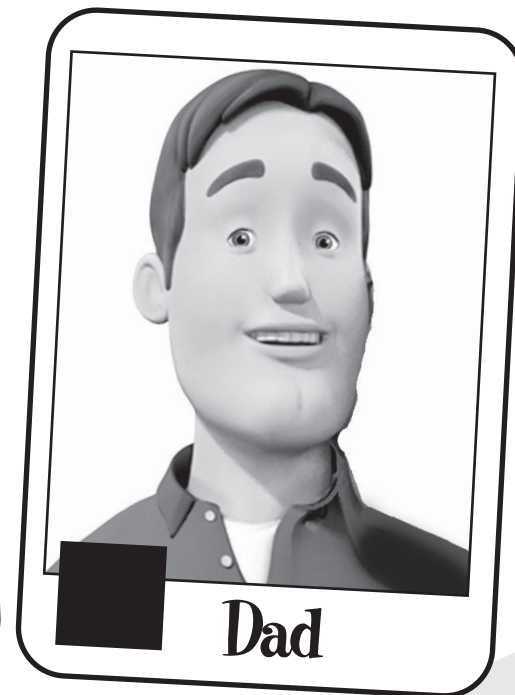
**Meet the twins Drew and Gracie,**

**And Mom and Dad, too!**

**Color the pictures.**

**Cut them out to make playing cards. Use your BOZ cards to play matching games with your friends and family.**

For Parents: BOZ and his friends have fun Discovering God's World...Together.™ You can join in the fun by helping your child learn about shapes. Help your child find the shape on each BOZ playing card. Name the shape and talk about where else you might see it. Make an extra set of cards to play a shape-matching game like Memory or Go Fish.



[www.bozthebear.com](http://www.bozthebear.com)



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# Activity 2

## Have a Ball with BOZ

**BOZ, Drew, and Gracie  
Have fun playing ball.  
Which ball should  
they play with?  
Can you find them all?**

For Parents: BOZ and his friends know that God wants us to take care of our bodies. That 's why they exercise everyday. You can help your child learn this lesson by playing ball games, going for walks, and sharing time at the playground. It's fun, too!



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# Activity 3 Table Time

BOZ hopes you're hungry  
And ready to eat.  
He's got bright fruits and  
veggies  
For a fun,  
healthy  
treat.

Name the fruits  
and vegetables.  
Color them the  
right colors.  
What do you  
see?



For Parents: BOZ and his friends always give thanks before every meal. Here 's the prayer they say before dinner. Help your child share it with your family tonight.

Thank you God, as this day ends,  
For my family and my friends.  
Taking time to sit and pray,  
Thank you, God, for this great day.



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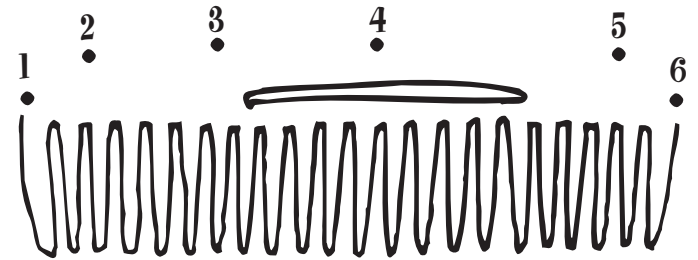
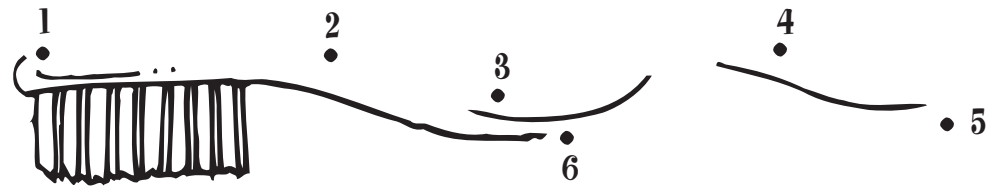
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# Activity 4

## Clean and Tidy

When it's time for a clean up,  
You know what to do -  
You scrub, brush, and comb,  
Like BOZ, Gracie, and Drew!

What do you use to stay clean and healthy? Connect the dots to find out.



For Parents: Help your child develop healthy habits with this scrub, brush, and comb chart. Let your child check off or color in each "tidy task" at bedtime, when you read a story and share a prayer.

### My Tidy Tasks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday



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# BOZ's Healthy Habits Award

## Congratulations!

You have learned how to stay healthy and promise to:  
 Keep your body busy every day.  
 Eat lots of colorful fruits and vegetables.  
 Scrub and brush to keep germs away.

It's been fun learning how to take care of our bodies.  
 And remember:

Wherever you are,  
 Near or far,  
 God loves you,  
 And I do too!

**BOZ**



(Student signature)

(Teacher signature)



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